

Infopack

Youth exchange “YOUropean Green Deal”

2-8th April 2022, Kraków, Poland

The Active Pychowice Association is a small, local non-profit non-governmental organization established in spring 2020. We associate over a dozen permanent members, in addition, a group of local people is growing around us supporters in the full age range - from school youth to seniors. The aim of the Association is building the local community by caring for the needs of the inhabitants of the Krakow housing estate Pychowice, in the field of: security, educational, transport, recreational and multi-faceted infrastructure integration (generational, professional, status, gender, cultural), public services, culture, social ties, the availability of private services, environmental protection and the creation of a collective local identity. Association was created, inter alia, to continue and coordinate some grassroots initiatives to promote local cultural heritage and traditions, such as: a singer group ("Women and Men full of voices sing"), caroling, dances or seasonal events referring to old rituals, which due to the lack of funding and coordination have disappeared. Taking into account the great interest of the inhabitants, the Association would like to create a regular calendar of such events based on the traditions of Pychowice.



We believe that the issue of environmental protection and climate protection is one of the most important issues and has a direct impact on our quality of life. We also look at what the European Union is doing in the field of environmental and climate protection and how other European countries are dealing with this issue, and how organizations such as ours are involved in pro-ecological activities. Based on our interest and real needs, the idea of a youth exchange on ecological and climate protection was born. We are young people who are interested in ecology and we want to act on its behalf, strengthening pro-ecological attitudes, showing our colleagues and acquaintances the value of nature and caring for it. During the implementation of the project at various stages, participants will increase their knowledge and strengthen their competences in various areas, primarily they will be related to the ecological theme of the project, but also the ability to plan and cooperate in a group, the ability to use digital tools, creativity in product development, language skills, building friendships and much more. In addition, the course of the project and the results achieved will be documented by us and advertised in all channels available to each partner organization, thus increasing awareness and interest in the topic and will also interest many people in the new edition of the Erasmus + program. Among the results that we will develop, we can mention: writing down the best practices in ecological activity as urban and local activists, preparing a summary in points of the most important EU documents on ecology, preparing infographics about them, recording short film clips that will encourage young people to act, including area.



This project will consist of three basic parts:

- The preparatory period from 1st February,
- Implementation (**APV and youth exchange in Kraków, Poland**)
- dissemination of the project results to the end of its duration.



Here is a brief agenda of the exchange:

- Day 1: Arrivals, First get-together, Welcome by the organizers;
- Day 2: Getting to know each other, our organisations and Erasmus+, team-building, Why ecology is important for us all? First intercultural night;
- Day 3: The environmental crisis – examples from our countries, Village and the city – Pychowice Ecological Game;
- Day 4: The European Green Deal and the European Climate Pact, 2 national evenings;
- Day 5: Adapting to European Climate Change, Reaching out to Friends, Engaging Others!, 2 national evenings;
- Day 6: YOur European Green Deal – project results, Evaluation of the exchange, Youthpass;
- Day 7: Departures.

The workshops will be facilitated by an experienced youth trainer.

FINANCIAL CONDITIONS

All programme costs are covered by organisers. You might want to have some cash to buy a souvenir, local beer or sightseeing outside of schedule. When we go out to bars after dinner you will be expected to pay for your drinks ☹️ Participants are obliged to have their free European Health Insurance cards – just in case they need free medical help in Poland. The participants are also themselves responsible to get a travel insurance and any medicines they might need. We provide accident insurance. We will introduce special health interview procedure with all sending organisations to make sure only healthy participants take part. Organisers follow all sanitary instructions and obligations given by local and national authorities.

There will be a modest fee of 20 EUR to contribute to extra budgetary programmatic activities. This includes weekly Krakow travel card for local transportation. Please have this ready in Euro in cash. Thank you! Please inform us if your participants will have difficulty in paying these extra costs.

Transportation costs of all participants will be covered by project budget according to the costs paid for tickets, up to Erasmus+ limits of transportation costs for particular partner countries (look below). Participants will have to buy their tickets from home to Kraków, Poland. We will pay up to limits of transportation costs per country by 1 bank transfer to sending NGO only after you present all return tickets and boarding passes. Please plan your travel in advance and inform us. Please consult with us before purchasing your tickets! Please consult us if you need to use other transport than bus, train, plane! Please provide us with travel plan and preferences of participants at latest 3 weeks prior to the exchange. Total of 2 extra days in Poland are allowed. Extra days (accommodation, meals) need to be paid by participants.

Limits of transportation costs for partner countries (per person) are:

Portugal – 360 euro;

The Republic of North Macedonia– 320 euro (green travel);

Bulgaria – 275 euro;

Czech Republic – 210 euro (green travel).

Please communicate with us actively when scheduling your travel. If possible please be active on facebook and stay in touch with our travel coordinator – Stefan. Further communication will be done via facebook group:

<https://www.facebook.com/groups/462762692186320> so please make sure participants from your NGO are there. We are open to answering any other questions you might have to make your participation most satisfactory.

As most of you know Kraków is UNESCO city full of history and monuments, also cultural and party life. We strongly recommend that you arrive a day before or stay a day after the exchange to explore this places. We cannot pay for this extra night but we are happy to help you, give guidelines, assist in planning a tour to Auschwitz, Wieliczka salt mine, etc. All-inclusive tickets (bus, tour guide, tickets) for tours to Auschwitz and Wieliczka cost about 35euro with student ID. You can try to arrange such excursions yourself but need to plan it in big advance (limited reservations for entry). During the exchange we will take you for a walking tour in the old town.

ACCOMODATION:

During the exchange we will host you in a small hostel by a beautiful artificial lake in Kraków: <https://www.hornkrakow.pl/osrodek/uslugi-hotelowe/> It is actually a sailing centre, it's possible to swim, they also have a small restaurant, lots of green and many attractions around. It is a few minutes by tram from Old town and Jewish district. All costs related to accommodation, and food (3 meals per day: "breakfast, lunch, dinner") will be covered by project budget as well. All breakfasts and lunches will be served in the hotel, also most of dinners, but maybe one evening we will order a pizza and/or make a barbeque by the lake! Please send us information if you need special diet or have other health/food issues (vegan, vegetarian, allergic, etc) 4 weeks prior to exchange at latest. Later on the restaurant can't provide any special food. IMPORTANT: The restaurant is **not able** to provide food for people with **severe** food allergies, you'd need to take care of that yourself. Please consult us if you need to discuss such issue. We will have rooms in a hostel standard with 6 toilets & showers (please check pictures on the website) A few minutes' walk from the hotel there is a shop if you need to buy something. Nearby there are usually food trucks, a coffee bar, etc. More practical information we will put later in the facebook group.

WHAT TO BRING

Small amounts of traditional food and drink to share for national evenings. It would be nice to prepare some interesting presentations of your country, city, region. Try to be original, tell us something which we can't find in the internet 😊 Each group should have at least one laptop, cameras are welcome, cables for uploading, etc. Please gather some information about ecology in your country.

CONTACT

For any question, suggestion, or problem connected with project, you can contact us on Facebook group posts and/or chatting on Whatsup/Messenger (especially regarding travel and participant details). There will be one more final infopack with updated agenda and meeting details presented on facebook group in last days of March.

SEE YOU SOON IN POLAND!!!