



Erasmus+

Are you active on social media? Apply for EVS in in Mladiinfo Dolný Kubín

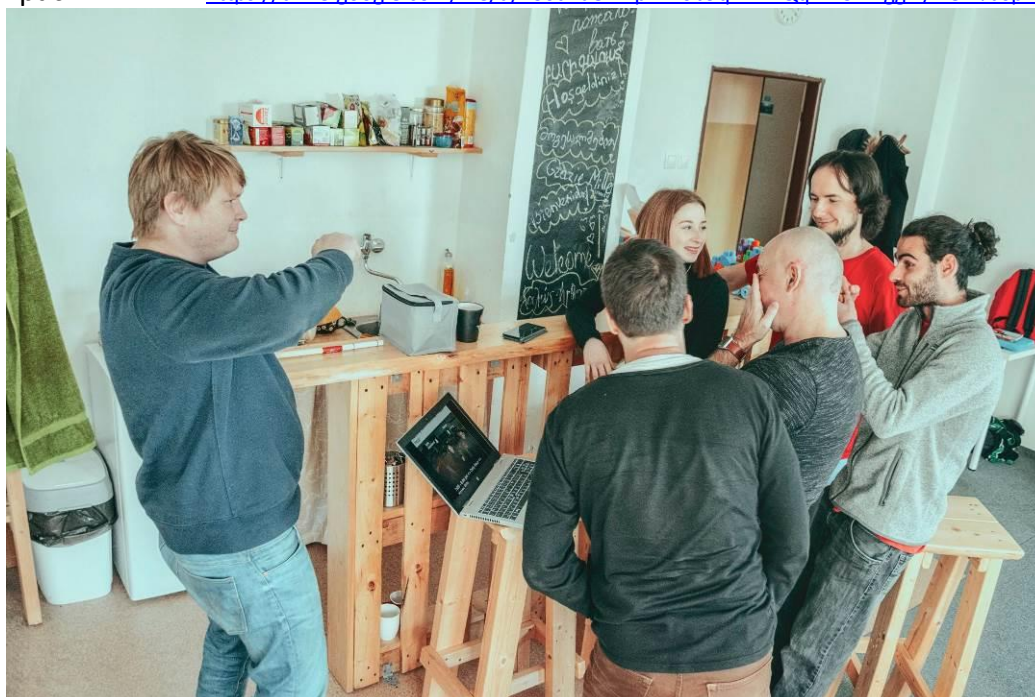
For	young people 18-30 years old
Place	Dolný Kubín, Slovakia , 20.000 people, nice nature, mountains
Start	1.9.2020 (or 1.10.2020)
Duration	min. 2, max. 4 months

See videos and document done by ex-volunteers

Thais from France: <https://youtu.be/XRo5bLuyz1g>

Tommaso from Italy: <https://youtu.be/1gZnd53jrxk>

Starter pack: <https://drive.google.com/file/d/1S0dEaemTpXW6b9qzEhYlQq1Fz9DVggIF/view?usp=sharing>



Hosting organization	Mladiinfo Dolný Kubín
Activities	non-formal activities with youth 15-19 years old
Contact person	Ondrej Mäsiar, mladiinfodk@gmail.com , +421 907 330 521
Erasmus+ grant	

- **free accommodation** in a dormitory or flat in the city
- **150 EUR/month** food allowance
- **120 EUR/month** pocket money
- Insurance

Apply

Send your CV to mladiinfodk@gmail.com

Volunteers profile

This project is ideal for motivated, pro-active volunteer who is active on social media, likes taking photos, videos, organizing events, meeting new people.

Activities

Helping project coordinators with **Facebook/Instagram** updates, **video/photo** from events, creating **graphic materials**, promotional materials, posters, infographic, contact with other volunteers in the town, in Slovakia and abroad, helping with **project writing** and implementation, **organizing events** e.g. language conversation club, movie night, workshops on certain topics, discussions on different topics, presenting culture, country etc. Volunteer will also help in local schools with languages (English, if the volunteers know German, French or Russian) and will help with non-formal after school activities like events, discussions, sport etc. Additional activities can be based on volunteer's interests.

Volunteers from Spain presenting Spanish culture and traditions.



Volunteers during non-formal activities with students.



What will you gain?

Volunteers will have a chance to improve **soft skills like communication skills, planning, teamwork, organizing, empathy and other skills connected with youth work**. As the project is taking place in a relatively smaller town, the volunteers will have a chance to learn more about Slovak people, language, history, culture. There will be many opportunities to **practice Slovak language skills and communicate in English**. The volunteers can discover beautiful nature and mountains surrounding the town and get involved in winter or summer sports like hiking, climbing, cycling, swimming, roller-skating, ice-skating, skiing. Except of new knowledge and skills, we believe the volunteer will also gain new positive attitudes towards life, him/her self, other people, or the nature.

Volunteers in local TV during cooking event.



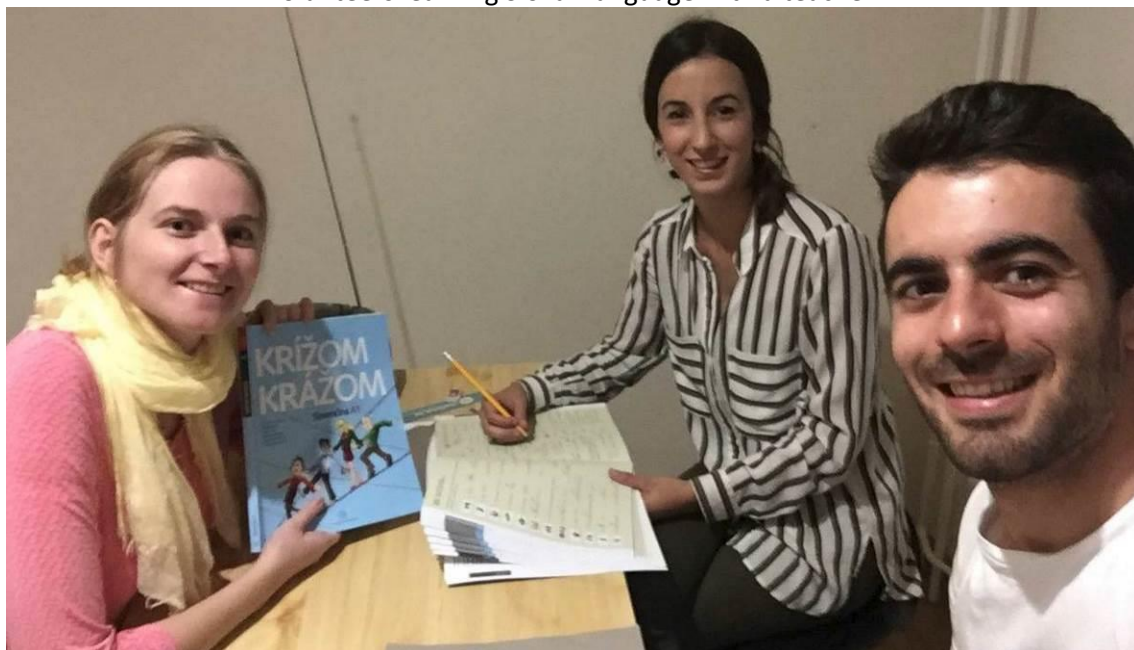
About Dolný Kubín

Volunteer will stay in **Dolný Kubín**, a town in **northern Slovakia** in Orava region. The town has around 20.000 inhabitants. Around 97% are Slovaks. Dolný Kubín lies at an altitude of **468 meters above sea level** on the Orava River, between the **mountains**. It is located around 45 km from the Polish border and 270 km from the capital city Bratislava. The area has continental climate with **warm summer and cold winter**.

Volunteers in the office.



Volunteers learning Slovak language with a teacher.



Volunteers feedback.



Veronika Mikhaylenko is 😊 feeling thankful with **Arpine Babayan** and **7 others** in **Dolný Kubín**.

November 4, 2019 · 🌐

That's it. Finally I can close my "life page" called Slovak EVS adventure. It's been an amazing experience and time. It feels like I was so lucky just live one more life within my routine existence. I had a chance to visit again Slovakia and my second home Dolny Kubin/Ruzomberok. I don't know if I ever come back again but I am so grateful to be there meeting all incredible people.

This youth exchange let me see my lovely **Mladiinfo Dolný Kubín** team one more time and all old friends meeting new ones and let me think another time how to move forward. I still don't have a clear vision (or mission? 😊) but hope I got enough energy to find it.

Thank you my second family for all your efforts to make it happen. You are special and I wish you luck and discover your place in this big world . I had to say goodbye to you the second time but it means we will meet again, now I know it for sure.

From Russia with love and big hug ❤️🇷🇺



Example of graphic design done by volunteer.

m! mladi!info
Mladiinfo Dolný Kubín

"An amazing week full of emotions!"

ALEXANDRA ŠPĀNIKOVA

At first I was pretty scared, because it was my first youth exchange abroad and as a group leader.

But then everything happened, we've met all of the guys, started chatting, talking about our lives and telling stories, and then I realised that it's going to be a very good and fun week.

Co-funded by the Erasmus+ Programme of the European Union

Example of video done by a volunteer (Video link:
www.facebook.com/365713237113475/videos/216267746460948)